



Limbless Association

#LifeBeyondLimbLoss



No Amputee Need Cope Alone

A national charity providing support to
the limb loss community for over 35 years

Freephone Helpdesk: 0800 644 0185

limbless-association.org



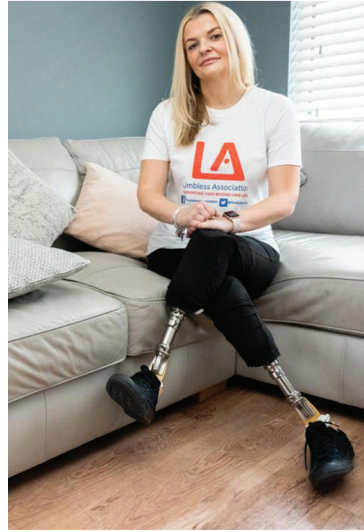
@limblessassoc

support@limbless-association.org



/limblessassociation

We are a registered charity that has been supporting amputees for over 35 years. We aim to support amputees, pre and post-amputation, to navigate the associated complexities with advice, information and signposting to empower individuals and their families to optimise their recovery and rehabilitation.



Our Mission

To support and empower all amputees to lead independent and fulfilled lives.

Our Vision

A world where amputees of all ages are not disadvantaged by their disability and able to achieve rehabilitation and independence in hospital, home, education, employment and the community.

How can we help you?

Dealing with the practical and emotional impact - short, mid and longer term - of limb loss is a complex and very unpredictable personal journey for the individual and their families. We believe that our services have the potential to offer comprehensive support in an early intervention approach to the recovery and rehabilitation process.



The support we offer

We're here to support you and your family with a range of services and resources pre and post amputation. Whatever your query you can contact us on **0800 644 0185** Monday to Friday between 9am and 5pm, or email support@limbless-association.org

LA Support Desk

Our experienced advisors can offer assistance with a range of matters that might be of concern, including welfare rights, as well as supporting you to access our services and resources.

Volunteer Visitors (peer support)

The LA's Volunteer Visitor network has been providing peer support for over 20 years. This vital service is expanding and is supported by the National Lottery Community Fund. Our volunteers are all amputees who understand the challenges in the early days, weeks and months of limb loss and can support newer amputees with a range of advice and coping strategies.

"The Limbless Association put me in contact with one of their Volunteer Visitors who was wonderful in giving me a realistic outlook on what life can be like after amputation." - LA service user



Support and Connect Hubs

Our Hubs currently run in Essex, Manchester, Bristol and Hull with more planned across the UK. Run as monthly drop-ins for amputees, their families and friends to access further support, meet our peer mentors and network with other amputees all at varying stages in their limb loss journey.



Access to legal advice

Early access to expert legal advice in the event of a potential claim is paramount. The LA's legal panel comprises some of the top law firms in the UK who have the experience and expertise to support you in the process of pursuing an amputation related claim. Free initial consultation.



Join the LA community

Membership is FREE for all amputees.

By becoming an LA member you'll be joining a large community network and support that includes the following:

- A copy of our quarterly magazine StepForward that is full of inspirational stories and information connecting you to the wider sector and the work we do.
- A welcome pack.
- Access to LA events and training seminars e.g. LA Stepping Forward Together seminar series
- Access to Life Beyond Limb Loss experiences and opportunities. The LA offers amputees free places on our annual O2 Climb and on our Superhero Tri teams.
- An opportunity to become an LA Volunteer Visitor (peer mentor) for amputees or two or more years with our volunteers receiving access to training, development and networking events.
- As an LA member, your voice counts. The charity represents our community at national strategic level. Our members views are important and our growing strategic engagement with a variety of national bodies aims to ensure your voice is heard.



Want to Know More? Get in Touch

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/limblessassociation

Become a member today

Membership to the Limbless Association is completely FREE to all amputees.

Parent & Guardian Membership **FREE (If >18)**

Friend & Family or Individual Membership **£15 per year**

Corporate Membership **£40 per year**

Please cut off and return to:

The Limbless Association, Mayflower Community Hospital, Blunts Wall Road, Billericay, CM12 9SA

By joining as a member of the charity you will be supporting the Limbless Association in realising our aim that **No Amputee Need Cope Alone**. Our members are important to us and are friends of the charity.

The information you provide will be used by the LA for the purposes of processing your membership application. You will be contacted by our office to forward our membership form that will also establish your consents and preferences in accordance with GDPR. All information held by the LA will not be shared with a third party. You will be able to terminate your membership at any time.

I would like to join as an LA member and provide the following information for my application to be processed:

Name: _____

Address: _____

Email: _____

Phone Number: _____

Are you an amputee? (Please circle): Yes No

Signed: _____

Supporting Lives Beyond Limb Loss



**No Amputee
Need Cope Alone**



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