



Become a Volunteer Visitor

Join our network of trained and supported
Volunteer Visitors



Amputees Supporting Amputees



**Volunteer
Visitor** LA

#NoAmputeeNeedCopeAlone

The Limbless Association's one-to-one
peer support service for amputees

What is the Volunteer Visitor programme?

The LA's Volunteer Visitor (VV) programme has been operating for over 20 years and its volunteers make a unique contribution to the limb loss community by providing peer support.

Our Volunteer Visitors, who are amputees themselves, share their own lived experience with those who have had or are about to have an amputation. It is a free, non-clinical service.

Who are Volunteer Visitors?

Our trained and vetted Volunteer Visitors are experienced amputees who deliver peer support by sharing their experience, knowledge and understanding of limb loss with any amputee who feels they could benefit. It's often the little things they know about limb loss that make a big difference to other amputees.

What does a Volunteer Visitor do?

When someone, who may be pre- or post-amputation, is referred to us, they will be matched to a volunteer. This Volunteer Visitor will make a 'visit' by phone or virtually, listening to and advising the amputee on many aspects of living with limb loss. Our volunteers also liaise with the LA, complete reports and may signpost amputees to other relevant services.

Could you be a Volunteer Visitor?

If you are over 18, at least two years post amputation, and are willing to listen to and advise fellow amputees, you could make a positive impact on someone's life.

Our volunteers come from all walks of life but have a few things in common – they feel emotionally ready to support fellow amputees and can commit at least four hours a month to the programme. If you are empathetic, non-judgemental and can build rapport with people who may be going through a difficult time, we'd love to hear from you.

How are volunteers supported?

The success of the programme rests solely on our wonderful volunteers. That's why we ensure Volunteer Visitors are properly supported throughout their time with us. We offer a full induction and 6-month training programme leading to the VV Award. We support our volunteers through e-learning, VV mentoring, support sessions, and networking opportunities.

Becoming a Volunteer

Knowing our volunteers are fairly and safely recruited is important to us. The LA is committed to creating and maintaining a safe and positive environment that safeguards the welfare of all adults it supports and who are involved in its services, projects and activities including volunteers. To support this, we require all our volunteers to complete our full application process.

Please contact us for a role description and to view our Volunteer Visitor Information Session where you can find out more about the LA, the programme and your pathway to becoming a Volunteer Visitor.





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About the Limbless Association

The Limbless Association (LA) is a national limb loss charity, which has been supporting amputees across the UK since 1983. Our mission is to support and empower all amputees to lead independent and fulfilled lives so **no amputee need cope alone**. We provide free, high-quality information, advice and support pre- and post-amputation - by phone, email and online.



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